



SNMA

STUDENT NATIONAL MEDICAL ASSOCIATION

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NEWS RELEASE

FOR IMMEDIATE RELEASE

RELEASE DATE: April 25, 2007

The SNMA joins Tavis Smiley on the *Road to Health*

WASHINGTON, D.C.—The Student National Medical Association will partner with the Tavis Smiley Presents: *Road to Health Tour* for its upcoming stop in Oakland, Calif., May 11-12. The on-air *Road to Health* television and radio series is hitting the road to promote the benefits of health and fitness and to help communities of color develop healthier lifestyles.

The tour is a two-day, multi-city health, fitness, and wellness expo featuring local and national celebrities, seminars for youth, men and women, dance and nutrition demonstrations, medical screenings, CPR certification training and a blood drive, cardio zone for kids, and a ¼ mile walk-a-thon.

SNMA National President Rory Goodwin and Region VI Director Errol Fields attended the March 30-31 *Road to Health Tour* stop in Los Angeles to lend a hand with the event. Goodwin, Fields and other SNMA officers lead a workshop titled, "The Doctor can be your friend" and also lead discussions with kids in the career cafe and exhibit hall.

Goodwin is looking for volunteers in the Oakland area to volunteer with him at the upcoming tour. Volunteers will spend time with area children leading workshops and acting as mentors.

For more information about how you can get involved with the *Road to Health Tour*, email Rory Goodwin at president@snma.org. For more general information about the *Road to Health Tour*, visit roadtohealthtour.org.

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About the SNMA

Founded in 1964 by medical students from Howard University School of Medicine and Meharry Medical College, the Student National Medical Association is the nation's oldest and largest, independent, student-run organization focused on the needs and concerns of medical students of color. Organized with more than 130 chapters across the nation, the SNMA membership includes more than 6,400 medical students, pre-medical students and physicians. Visit www.snma.org for more information.